Tours in North Guanacaste
Introduction

The canton of Carrillo is located 248 kilometers from San José and was created on June 16, 1877, by decree No. 22. The town of Sietecueros was designated as the seat of the canton, and was renamed to Filadelfia.

Its main tourist attractions are the Gulf of Papagayo, Playa Hermosa and Panama (Chorotega), Playas del Coco, Ocotal, Guacamaya, and others; the main activities are fishing and diving. In El Coco there are several restaurants and hotels.

How do you get there?

Take the Carretera Interamericana Norte to Liberia and from there take the turn-off for Filadelfia.

Distance:

San José 3 h. 43 min 247 Km Carrillo

Bus itinerary here: www.visitcostarica.com/es/costa-rica/bus-itinerary

More information:

www.municarrillo.go.cr
www.inder.go.cr/santacruz-carrillo
www.guanacastealaltura.com
www.ifam.go.cr/

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Tour to Santa Rosa National Park

Santa Rosa National Park protects the largest remaining tropical dry forest in Central America and has been declared a UNESCO World Heritage Site. This emblematic location is the only Protected Wildlife Area with a historical museum on site, containing an important part of Costa Rica’s history. It also has beautiful beaches, nature trails and abundant wildlife, including the olive ridley turtles that nest at Playa Nancite.

Tour to Santa Rosa

Wildlife Area with a historical museum on an emblematic location is the only Protected UNESCO World Heritage Site. This

Jungle and cultural walk in Palo Verde National Park

Palo Verde National Park is the perfect opportunity to visit one of the most diverse places in Costa Rica, as there are 15 natural habitats that combine lagoons, swamps, evergreen forests, and its famous mangroves, among others. This diversity of ecosystems has made it possible to record over 300 bird species, such as black-crowned night herons, jabirus, spoonbills, egrets, ibis, grebes, black-billed whistling ducks, scarlet macaws, keel-billed toucans and parrots. The park offers a perfect opportunity for those who love photography and encountering unique species. Appreciate the beauty of the park on an unforgettable boat trip on the Rio Tempisque.

In addition, depending on your preferences, you can take a tour of an old casona or manor house, which belonged to 3 former presidents of Costa Rica, or learn about important Costa Rican traditions such as the trapiche, making ceramics using techniques used by the Chorotegas, or participate in a coffee tour and learn about how it is processed.

Palo Verde National Park

Palo Verde National Park is the most important site for resident and migratory birds in Costa Rica. This adventure will allow a peak into the incredible diversity of species such as monkeys, iguanas and crocodiles on a boat ride. Next, you will experience a unique opportunity to visit Guaitil, a unique village in Costa Rica where indigenous pottery is made using the same methods and materials as thousands of years ago. Learn about an ancient tradition.

Why only see one volcano? This tour will allow you to make the most of your day by visiting some of the most striking volcanoes Costa Rica has to offer. First, hike the volcano of Rincon de la Vieja National Park, famous for its active crater, hot springs and fumaroles. Next up is the Volcán Tenorio National Park, another of Costa Rica’s active volcanoes, home to the famed turquoise waters of the Rio Celeste waterfall.

This tour will take you on a boat ride on the Rio Tempisque, which borders Palo Verde National Park. Birds are the main attraction in Palo Verde: during the rainy season, the river’s waters spread out to create extensive marshes that welcome migratory birds from North and South America.

Tour for volcano lovers

Palo Verde National Park

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Palo Verde National Park and Liberia

Surround yourself with the majestic rainforest and expand your perception of nature. Follow your guide on an unforgettable hike through the vegetation and discover impressive waterfalls and pools and the wonderful flora. Soak in a hot spring and enjoy a healthy lunch to conclude a sensational adventure in Central America’s paradise.

Tour of Volcán Miravalles National Park

Start the day with a visit to one of Guanacaste’s largest and most famous waterfalls, then move from one treetop platform to another on a series of ziplines to take in Costa Rica’s wildlife. End the day by experiencing an authentic volcanic mud bath, relaxing in the natural mineral hot springs and soaking up some geothermal energy orTico Tours

Swiss Travel

Unique Transfers

Bahia Poz Vela

Swiss Travel

Papagayo Exclusive

Papagayo

Secrets Papagayo

3 Monkies Adventures

Rio Celeste

Visit a place where the crystalline waters that run through the mountains have a magical touch that turns them the same color as the sky. You will be able to hike through the Volcán Tenorio National Park, where you can enjoy the Costa Rican tropical rainforests and see one of the most amazing spectacles of nature, as well as several species of multicolored frogs.

Tour of Volcán Miravalles National Park

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Sloth adventure at Finca Verde Reserve
Finca Verde will allow you to discover the scenic beauty of this tropical rainforest paradise, surrounded by two volcanoes that offer the ideal environmental conditions to make this place an ideal sanctuary for sloths. You will be able to see these curious animals, as well as the rich biodiversity that surrounds them, through a relaxing walk where you will be able to connect with nature in a different way. You can also observe monkeys, colorful tree frogs, butterflies and toucans.

Llanos de Cortés Waterfalls Tour
This secluded waterfall towers 30 feet high and 40 feet wide, falling into a white sandy pool. It can include a walk in the foothills of the Volcán Tenorio, where you will embark on a two-hour hike with many stops to see the variety of flora and fauna in the surrounding rainforest. You will be able to walk over three incredible suspension bridges that crisscross the forest canopy ranging from 35 to 40 meters high.

Tour for waterfall lovers
Marvel at three different waterfalls, all of which share the same breathtaking beauty. First, you will visit the Oropéndola waterfall, an impressive 25-meter (82-foot) drop into a sparkling turquoise pool. After the second visit, this time to the Rio Negro waterfall, we will ride on horseback for 30 minutes to the Chorrera waterfall, a beautiful sky-blue mineral water pool, perfect for cooling off and swimming.

Natural wonders of Bijagua
Hike through a pristine protected rainforest reserve with over 5 miles of private hiking trails and multiple birding platforms. This is the habitat of the endangered tapir, Costa Rica’s largest land mammal. In addition, you can visit Rio Celeste, one of the most famous rivers in the country, which is known for its striking color.

Llanos de Cortés and Las Pumas Rescue Center
This tour will take you to walk around the beautiful Llanos del Cortés waterfalls, which create a small white sand beach and is the perfect place to take a dip and enjoy the crystal-clear waters. Your visit will then continue on to Las Pumas Rescue Center, where you will have the opportunity to see pumas, jaguars, ocelots, spider monkeys and white-faced capuchins, toucans and macaws.

Coffee experience and tour of Liberia
Learn about coffee first-hand! You will be able to visit a small farm to see the coffee bushes up close while a coffee expert tells you about the history and characteristics of a coffee plantation. In turn, you will learn how an old sugar cane mill works while tasting the deliciously sweet sugar cane juice and learn how it used to be processed. Inside a coffee processing plant, you will taste authentic local coffee while discovering all the secrets and details about the roasting process of the extraordinary beverage.

Adventure in Liberia
This tour will allow you to get to know one of the most emblematic places in Costa Rica, full of history and unique culture. You can visit Liberia’s modern church, called the Iglesia Inmaculada Concepción de María, in the central park. Your visit can continue on to the city’s oldest church, La Agonía, and adobe houses dating back more than 150 years. Finish your adventure with some local restaurants and stores.

Liberia: its people and culture
Get to know Liberia in a different way, through an experience that will allow you to learn about the culture while spending time with people who live that lifestyle on a daily basis, with a city tour in Liberia, farmers market, plus lunch. Visit the city of Liberia and local neighborhoods, as well as a farmers’ market, to learn about exotic tropical fruits and vegetables while interacting with the people as they shop for fresh produce.

You will also visit Liberia’s Central Park, its hospital, churches, schools and universities, and stop at historic streets and buildings to learn about local history.

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After the coffee tour, travel to Liberia for a cultural tour of the city, starting with an exploration of a local market where you can learn about tropical fruits, vegetables, meats and dairy products while interacting with the farmers and locals as they buy and sell the fresh produce in town. In addition, you can enjoy one of the best traditional restaurants in town and try Costa Rican staple dishes such as gallo pinto and casados with beef or chicken, which are served with rice, corn, tortillas, beans and fresh vegetables.
While enjoying the cool and refreshing air of the mountains of Guanacaste, you will be able to observe an incredible variety of birds, since Central America is an important stop on the migration routes of many bird species. Some of the birds that can be seen are the antbirds, kinglets, tanagers, toucans, motmots and nuthatches. Tours are guided by specialists who will help you spot these beautiful, hard-to-detect creatures by listening to their distinctive songs.

Hacienda El Viejo
Costa Rican Cultural Tour
This experience is a perfect way to learn the process involved in processing sugar cane and its derivatives using the trapiche, and an interactive demonstration on the ancient way of extracting the juice from sugar cane with the help of an ox named Puntalito. Afterwards, you can visit the Casita del Sabanero, which recreates the lifestyle of the authentic Costa Rican Casita del Sabanero. Finally, you will taste entirely homemade and traditional food, cooked in a wood stove where you can try a puntalito, or snack, of tortillas palmeadas, tanelas and donuts accompanied by the unforgettable and world-famous Costa Rican coffee.

Cultural tour in Eco Adventure Park
Tour the famous Casita Tradicional and enjoy a hands-on experience with sugar cane, coffee and cocoa. This country house is a historic replica of the design and materials used by Costa Rican peasants over a century ago. It offers a historical and cultural tour of life in the rural areas of Costa Rica. You will also have the opportunity to learn how the farmers produce their coffee, chocolate and sugar.

Birdwatching
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Rum Experience by Sabandí
Amidst the plains of Guanacaste, surrounded by sugar cane fields and the most important river in the blue zone of Costa Rica, we find Hacienda el Viejo, with a manor house that is over 150 years old and offers the first rum experience in Costa Rica. Prepare your senses to hear, see, smell, touch and taste the whole process of extracting and cooking sugarcane juice in a traditional way, until it reaches the stiller where the first liquors of the highest purity are obtained. The Rickhouse awaits you with its oak barrels, which age and improve the flavors of our Ron Sabandi every day.

Sea Turtle Nesting
Enjoy an educational experience like no other as you witness a beautiful phenomenon that occurs in Playa Ostional and Playa Grande, where olive ridley and leatherback turtles perform their nesting process under the moon and stars. You will be able to observe the process while a local certified guide will lead you to the nesting turtles and explain all the relevant information. You can also observe how the leatherback turtle, the world's largest sea turtle, returns to the beaches of Costa Rica to bury its eggs in the sand.

Safari Tour
Upon entering, guests are greeted by guides who will help you spot the many species of monkeys, including the famous howler monkey, spider monkey and capuchin monkey. The Monkey Sanctuary is one of the only certified sanctuaries in Costa Rica.

Volcano from the air
This adventure will take you on a truly memorable volcanic experience and a unique opportunity to glimpse the rugged and magical beauty of Costa Rica's volcanic landscape. Fly over Rincon de la Vieja, an impressive combination of volcanic wonders and tropical rainforest. You will be flying close to the craters, so have your camera ready to take amazing pictures!

Monkey Sanctuary
This sanctuary houses orphaned baby monkeys that have not been adopted by another monkey family and therefore have not developed the skills to survive in the wild, meaning that the sanctuary becomes their permanent community. Your visit will include a few different species of monkeys, including the famous howler monkey, spider monkey and capuchin monkey. The Monkey Sanctuary is one of the only certified sanctuaries in Costa Rica.

Beach Safari
Guests will be able to travel by truck along different white sand beaches for one hour. Afterwards, swim and relax in crystal clear waters, rest on unspoiled beaches in the middle of nature and visit famous beaches with incredible scenic beauty. The tour offers drinks, fruits, picnics and photographs.

Carrillo Tours
Sunsets
Enjoy the view from your choice of watercraft while enjoying drinks and snacks. Catch a glimpse of dolphins, sea turtles, flying fish and even whales. You’ll enjoy a quiet trip admiring the beauty of the skies that only an ocean sunset can offer, especially in the Pacific Ocean and the Gulf of Papagayo. If you wish, you can add other activities such as snorkeling, SUP, kayaking or walks along the beach.

Full-day beach BBQ
Enjoy an incredible tour in and around the Gulf of Papagayo, exploring secret beaches, pristine bays and a beautiful unexplored coastline. Savor a delicious barbecue lunch, prepared according to your preferences. In addition, there are various natural attractions to finish the tour in Playa Guacamaya, a beautiful beach located on the outskirts of the Gulf of Papagayo.

Guanacaste from the air
Discover Santa Rosa National Park, Bahía Murciélago and the incredible views of Isla Pelada and Isla San José from above. This adventure will take you by helicopter to explore the incredible black and white sand beaches. Learn about the unique history, geology and culture of Costa Rica through a special two-way communication system that allows you to ask questions and meet your pilot.

Beach lovers tour
Enjoy a quiet day surrounded by sand, sea breezes and lots of fun visiting several beaches in Guanacaste. You will be able to visit one-of-a-kind places such as Playa Conchal, Playa Flamingo and Playa Tamarindo.

Dining on the ocean
This is the perfect option those couples who are looking for something different to celebrate love through a high level experience. You will be served a gourmet dinner while enjoying the romantic scenery, breathtaking views and stunning landscapes of the Guanacaste coast. Enjoy the solitude of being in the middle of the Pacific Ocean at night.

Adventures on the ocean
Enjoy an exciting ride through the waters of the Pacific while observing the marine life of the Gulf of Papagayo, which includes turtles, dolphins, devil rays, and more. During the tour, you can visit the Palmares Estuary at high tide or the Playa Huevo Caves at low tide, as well as other beautiful coastlines. Then, you will travel to Palmares Bay so you can practice different water sports such as paddleboard, waterski, inflatable tube, you decide. Finally, you will head to the beach to enjoy a delicious lunch, choosing from options including a picnic, barbecue or traditional meal. You can also choose the duration of the trip, with 4-, 6- and 8-hour itineraries available.

A day at the beach
Walk the “Monkey Trail” while visiting Playa Potrero, Playa Flamingo, Playa Conchal, Playa Brasilito and Playa Tamarindo. You can enjoy the sun, sand and sea at Playa Conchal, a unique beach that is not only made up of sand, but also millions of small shells and pieces of shells. Afterwards, you can have lunch at Playa Brasilito with a typical Costa Rican lunch, or enjoy dinner on the beach overlooking the sea, where the service is like no other.
Costa Rica is very different from other diving destinations. This is because our plankton-rich waters attract an abundance of marine life. Local dive sites (over 20 different sites) teem with shoals of many species of fish, as well as rays, whitetip reef sharks, eels, octopuses, sea horses, mantis shrimp and frogfishes.

The two destinations par excellence are the Islas Catalinas and Islas Murciélagos. The former are known for its huge Pacific manta rays, bull sharks and manta rays. It is important to mention that clients can choose the number of dives.

- **Big Scare**
- **Papagayo Golden Palms**

The latter are known for its abundant pelagic marine life and featuring close encounters with bull sharks and manta rays. Experience a relaxing and unforgettable sailing experience while enjoying pleasant music, refreshing drinks and delicious snacks.

- **Scuba Caribe**
- **El Refugio Nacazcol**
- **Blue Dreams Adventures**
- **Rancho Armadillo**
- **Tico Tours**
- **Bahia Pez Vela**
- **Villas Sol**
- **Vista Bahía Resort**
- **Blanco Exclusive Escapes**
- **Swiss Travel**
- **La puerta del Sol**

Cruise the ocean and enjoy an exciting sail to distant beaches. The crew will then take you swimming and snorkeling around beautiful reefs to discover Costa Rica's rich marine life. Experience a relaxing and unforgettable sailing experience while enjoying pleasant music, refreshing drinks and delicious snacks.

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Enjoy the incomparable location that Guanacaste has to offer and get inspired by the energy of your own body for an organic experience. Explore the turquoise waters of Culebra Bay using this traditional Hawaiian-style canoeing method to get a unique perspective of the breathtaking coastline. It is a perfect activity for team building and strengthening family ties.

- **Scuba Caribe**
- **Swiss Travel**
- **El Refugio Nacazcol**
- **Vista Bahía Resort**
- **Blue Dreams Adventures**
- **Tico Tours**
- **Blue Marlin**
- **Rancho Armadillo**
- **Marina Charters**
- **BA Divers**
- **3 monkies tour**
- **Origen Extraordinary Escapes**

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In Costa Rica, paddleboarding is a different way to get out on the water. You control the experience, whether it's rigorous training or taking it easy, spending a while watching the infinite Pacific Ocean and connecting with the beauty of the Papagayo Peninsula. Paddle in the company of our expert ocean guide and experience the sensation of connecting with the sea. SUP is a perfect way to see your surroundings in a more relaxed way, which also helps your body to improve its balance, reflexes and body posture.

- **Blue Dreams Adventures**
- **Marina Charters**
- **Papagayo Golden Palms**
- **Papagayo Exclusive Services**

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- **Blue Dreams Adventures**
- **Marina Charters**
- **Papagayo Golden Palms**
- **Papagayo Exclusive Services**

Costa Rica is not only known for its rainforest, wildlife, volcanoes and beautiful beaches. It is also famous for its marine biodiversity and the endless pristine rocky coastline covered by the crystal blue Pacific Ocean, where you can find some of the best sport fishing sites in the world.

- **Rancho Armadillo**
- **Go South Adventure**
- **Aviapas Adventures**
- **Mardigi**
- **The Palms Coco Beach**
- **Swiss Travel**
- **Vista Bahía Resort**

Sport fishing is available year round in Costa Rica. Snare famous catches such as marlins (blue marlin, black marlin and striped marlin), yellowfin tuna, snapper, Pacific mackerel, wahoo, mahi mahi (dorado), roosterfish and sailfish, to name a few. However, some species are more frequent during specific seasons on the Islas Murciélagos and the Islas Catalinas.

- **Rancho Armadillo**
- **Go South Adventure**
- **Aviapas Adventures**
- **Mardigi**
- **The Palms Coco Beach**
- **Swiss Travel**
- **Vista Bahía Resort**

This tour is ideal to enjoy with family and friends and is available in the morning or afternoon. The tour will take you to a picture-perfect beach between two huge rocks, the perfect setting for different water activities such as snorkeling, stand up paddleboarding or tubing, ensuring an unforgettable experience. Afterwards, sail slowly through the mangroves, observing a diversity of colors and wildlife.

- **Blue Dreams Adventures**
- **Marina Charters**
- **Papagayo Golden Palms**
- **Papagayo Exclusive Services**
- **BA Divers**
- **Go South Adventure**
- **Swiss Travel**
- **Vista Bahía Resort**
- **Rancho Armadillo**
- **Mardigi**
- **The Palms Coco Beach**
- **Swiss Travel**
- **Vista Bahía Resort**

You are spoiled for choice when it comes to destinations, with Papagayo Gulf and its various beaches, or Tamarindo Bay, where you can paddle to the small island of Capitan Suizo. Or in the Nosara River, one of the region's largest. There is also the opportunity to paddle in the Cabo Blanco Natural Reserve, where you can see Isla Cabo Blanco, which can only be seen from the water.

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- **Marina Charters**
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- **Go South Adventure**
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- **Rancho Armadillo**
- **Mardigi**
- **The Palms Coco Beach**
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- **Vista Bahía Resort**
Surf

Surf the best spots in Guanacaste, like the world-famous Witch’s Rock (Roca de Bruja), which has a reputation for offering unbeatable, adrenaline-filled waves. Enjoy the magical long waves and barrels. At Ollie’s Point, you will be able to enjoy and take advantage of a right point break. This country offers visitors waves suitable for beginners and advanced surfers. The perfect combination of a tropical climate, warm waters and cool sea breezes make Costa Rica a perfect year-round surfing destination.

Surf Lessons

Not only do the warm waters and world-class waves on the Pacific coast attract surfers from all over the world, but they also offer a great place to learn how to surf. These tours will teach you how to paddle and take control of the surfboard, select and catch the right wave and control the board in the process.

Papagayo Mega Water Adventure

This mega adventure combines Costa Rica’s most popular marine attractions in a one-day experience. Anglers can make a stop for bottom fishing or go to the snorkeling site with the opportunity to catch marlin, sails, dorado, wahoo, tuna, roosterfish, snapper and more. You can also snorkel around the reefs to take in the marine life of Costa Rica, as well as exploring secluded beaches and strolling along the white sands. On the way back, if you are lucky, you will be able to observe dolphins, whales and turtles.

Sea caves

Visit the natural ocean caves in this secluded, mystical beach with crystalline waters, Playa Huevo, which can only be reached by boat. In addition, you can enjoy many natural activities available such as snorkeling and short hikes to the cliffside views.

Jet Ski Tour

Get your fill of excitement as you ride along the different beaches of the Gulf of Papagayo in an adrenaline-filled adventure where you control the speed at which you want to go. You will be able to enjoy a scenic drive along the coasts and see the Pacific in a different way.

Sailing tour

Sailing along the beautiful beaches of Carrillo awakens all the senses, allowing you to enjoy the wildlife, the beautiful scenery and the majestic blue Pacific Ocean. If you are lucky, you will be able to observe sea turtles, dolphins, fish and birds. Enjoy some time diving and exploring hidden beaches. You choose the timing: sunset or sunrise. No matter what time you visit, you will be delighted.

In addition, you can plan activities such as fishing, snorkeling, water skiing, wakeboarding, paddle boarding, lounging on the beach or enjoying a dive. It is an unforgottably fun ocean experience shared exclusively with your loved ones.

Waterskiing

Glide over the surface of the ocean while being towed along a handle and rope, feeling the sea breeze and the power of the ocean at your feet. Ride the warm waves of the Pacific Ocean just off the coast. The tour can be adapted to any level of waterskiing ability. Whether you’re a beginner or seasoned expert, the waterskiing adventure will be unforgettable.

Tour flotante

The tour offers the opportunity to calmly cruise the region’s rivers, where you can observe the beautiful wildlife. You will be able to travel along the Papagayo or Corobicí rivers. It’s a paradise for birdwatchers and naturalists. See the legendary flora and fauna of Costa Rica.

When you come aboard, if you keep your eyes peeled, you will be able to see several species of butterflies, birds and reptiles. And maybe even a sloth!

Cave expedition

Among the many wonderful options to enjoy in Costa Rica are the natural caverns that extend for great lengths, including those of Barra Honda and Venado. This wonderful network of caves is a different and unique experience that will allow you to learn about new types of ecosystems and marine life.
Rafting

If you are an adrenaline junkie or just love physical activity, this adventure is perfect for you. Test your courage as you plunge through the twists, turns and descents of intense and challenging rapids. Take an exciting and breathtaking guided tour of the Río Colorado, Río Corobicí, Río Tenorio or Río Palo Verde river, you choose. This adventure begins where the beauty of the dry forest and rainforest come together, taking you on an incomparable white water rafting experience.

Hiking

For the more adventurous, you can spend the day exploring the Rincón de La Vieja Volcano on foot, which rises majestically 6,284 feet above a 34,800-acre park and is home to more than 250 species of birds including keel-billed toucans and blue-crowned motmots, ocelots, sloths, jaguars, tapirs, coatis and of course monkeys. This remote scenic volcano is a hiker’s paradise. Points of interest include three main craters (of the volcano’s nine) Laguna Jilgueros, Las Pailas, El Volcancito and Casona Santa María.

UTV/ATV Quadricycles

Explore Costa Rica with all the adrenaline of your own ATV, while driving through rough roads that are full of excitement, allowing you to see Guanacaste in a different way. You can visit beaches, tropical rainforest and the dry forest, the destination is up to you. The tours have all the necessary safety measures in place to make your experience safe and fun, and the perfect opportunity for a family adventure. The region has impressive biodiversity, with options to observe different types of birds, butterflies, monkeys, and more.

Horseback Riding

Get in touch with your inner cowboy as you take in the sights of Guanacaste mounted on a well cared for and highly trained horse. During the tour, your guide will tell you about the local wildlife and nature; you may also have the opportunity to see various species of iguanas, birds, butterflies, monkeys and more. Horseback rides can take you to one location or ten, while making the trip a memorable part of the adventure. This spectacular tour will give you a perspective of Costa Rica that you might not otherwise get.

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Walk the trails side by side with your loved ones and get ready to take pictures. These tours offer something for everyone: breathtaking views, wildlife, unspoiled nature, rugged terrain and local culture. You will cross rivers, mountain trails and all kinds of rugged terrain, which will fill you with adrenaline and excitement.

**Buggy tours**

The Papagayo Peninsula has excellent circuits for regular and mountain bikes that offer plenty of opportunities to enjoy the beautiful scenery. You will be guided by a professional cyclist who will teach you the proper techniques to help you improve your skills. Obstacles are adapted to various levels. If you are looking for something different, you can take a historic road known as the “Calle Real” (Royal Road) south of the city of Liberia.

**Mountain biking**

The Papagayo Peninsula has excellent circuits for regular and mountain bikes that offer plenty of opportunities to enjoy the beautiful scenery. You will be guided by a professional cyclist who will teach you the proper techniques to help you improve your skills. Obstacles are adapted to various levels. If you are looking for something different, you can take a historic road known as the “Calle Real” (Royal Road) south of the city of Liberia.

**Canyoning & Rappel**

See Costa Rica from a different perspective, and what better way to do it than from inside a canyon or waterfall. Costa Rica has many hidden canyons full of exotic plants and wildlife, and canyoning and rappelling are your best option to enjoy them.

**Diamante Eco Adventure (One-day pass)**

The tour offers a canopy circuit with a Superman-style zipline, a 10-meter freefall and a hanging bridge over crocodiles. In addition, you will have unlimited access to the Diamante Animal Sanctuary, recognized as one of the most beautiful wildlife education centers in Costa Rica. Afterwards, you can have a cultural experience at the Botanical Garden.

**Mega adventure at Buena Vista Eco Adventure Park**

This is a wonderful experience to discover the essence of Costa Rica and its natural and cultural wealth through authentic experiences on the slopes of the Rincón de la Vieja Volcano. Traverse exciting trails on horseback and gear up for the Buena Vista Canopy Tour, which will take you through the transitional rainforest to a series of treetop platforms, zip lines and suspension bridges. Followed by a thrilling ride down the 420 meter long water slide that meanders across the rainforest floor ending in a fresh water pool. During all these activities enjoy the wildlife, flora and fauna of Costa Rica.

**Half-day Congo Trail adventure**

The adventure will begin with you gliding over the trees in a circuit of six zipline stations; you will also be able to cross three hanging bridges suspended over the dry forest for a spectacular view. Next, you can explore the area while riding your own ATV on adrenaline-filled trails, and finally relax on a horseback ride through the trails.

**Tour of the Hacienda Guachipelín in Rincón de la Vieja**

The tour takes place in a unique property located in the surroundings of the Rincón de la Vieja Volcano. First, you will tour the farm on horseback, crossing various trails and rivers, while observing the surrounding flora and fauna. Then, get ready for an adrenaline rush on a tubing adventure, as you float downstream with the rapids of the Rio Negro. After a delicious lunch, the excitement returns with a ziplining and rappel tour through the Rio Negro canyon.
**Extreme adventure in Borinquen**

Enjoy a complete adventure package that includes a ziplining tour, natural spa, mud baths, horseback riding, trails and more. Enjoy the wonderful views that can only be taken in from the ziplines, as well as the wildlife, flora and fauna of Costa Rica. You can explore the ranch grounds all day long and see the many birds, howler monkeys, coatis and other wildlife. The afternoon is very relaxing: be prepared to take advantage of the natural steam room and volcanic mud bath, and then soak in the hot springs and mud baths. Your body and skin will thank you!

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**Kiwanda Maji Tour**

Kiwanda Maji, a peculiar name from the Swahili language that means “The Water Factory” is a term that perfectly explains how this Private Reserve embraces crystalline rivers and amazing waterfalls in the middle of the rainforest. Visit four different waterfalls with their breathtaking beauty as you venture into the rainforest. This wonderful tour will give you the opportunity to swim in a beautiful blue lake and interact with cows, horses, chickens and other farm animals during the adventure. In addition, you can learn how to milk cows and taste fresh artisanal products.

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**Río Perdido Aerial Canyon**

Immerse yourself in the healing waters of an all-natural Costa Rican thermal river, just minutes away from the Miravalles area and the Volcán Tenorio. The adventure begins with short and easy hikes through various trail circuits. This is followed by 15 platforms that are waiting for you, six of which are rock platforms and nine are suspended on the canyon walls, including five ziplines, a Tarzan Swing and a pendulum cable.

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**Río Perdido Helicopter Tour**

Climb aboard a comfortable Bell 206L4 helicopter and take off to the breathtaking landscapes of northwestern Costa Rica with their rolling hills and green volcanoes. You will travel north to the unforgettable Río Perdido Adventure Hotel at the base of the impressive Miravalles Volcano, the most important area for geothermal energy production in Costa Rica. Hike the trails of the Río Blanco and delight in its crystal clear waters, where multiple natural, mineral-rich volcanic springs form a refreshing current in the soothing river, with temperatures ranging from 90 to 115 degrees Fahrenheit.
Enjoy the soothing properties of the volcanic mud that you can spread all over your face and body and rinse it off in a river afterwards, followed by a soak in a pool that is naturally heated by volcanic hot springs from the Rincón de la Vieja Volcano.

Pamper and revitalize your senses with a day at the spa, receive various treatments such as facials, seaweed wraps, tension relieving massages, deep tissue therapeutic massages, European facial treatments, manicures and pedicures, and more. You can also enjoy the benefits of hydrotherapy, thanks to the positive effects of the sauna, steam room, whirlpool tub, pressure shower, bucket shower, hydroreflexology bench, and more.

Work out in a premium wellness destination with new state-of-the-art equipment backed by the first open, cloud-based platform. Pamper yourself with customized solutions designed to meet every need.

Four Seasons Resort Costa Rica offers four courts with the Har-Tru clay surface, as well as a new tennis court with real grass, the first at any Four Seasons location worldwide. The tennis program is administered by the world-renowned Peter Burwash International. Private lessons, clinics and player match-ups are offered, as well as tennis equipment and accessories.

An 18-hole championship course designed by Arnold Palmer awaits you. It covers more than 220 pristine acres and is located at the tip of the Papagayo Peninsula. It is an opportunity for golf lovers, golfers and the general public to enjoy a space meticulously built to meet the highest standards of the sport.
After enjoying a natural tropical welcome drink, ride to the zipline and glide from platform to platform as you observe the natural beauty of Costa Rica. Relax in the hot spring pool or enjoy the benefits of authentic volcanic mud with a beautiful sunset. In addition, you will be able to see or hear the many wildlife visitors, including toucans, hawks, hummingbirds, butterflies and monkeys.

Guaitil, a small village of pottery artisans near the city of Santa Cruz, is considered to be the only place in Costa Rica where indigenous pottery is still made with the same methods and materials used thousands of years ago. Experience Costa Rican culture from its roots. Watch the last descendants of the Maya (Chorotegas) continue their tradition of making handmade pottery from the natural clays of the earth and take the opportunity to purchase irreplaceable handmade Costa Rican pottery directly from the artist.

Made in Costa Rica Tour
This adventure tour will allow you to get a glimpse into the lifestyle of the communities, visit the houses, witness the passion and see their way of making a living by interacting with some of the members of their community.

Start the day with a visit to a local “casita” where a young couple makes local “tico” cheese and “natilla” in an immaculate outbuilding on their property next to their house. Then, witness the results of a local Costa Rican’s lifelong passion for studying and raising butterflies. Afterwards, you will visit a family farm where they produce coffee and macadamia nuts for export, as well as fruits and vegetables for personal consumption.

This is truly an authentic Costa Rican experience like no other.

The Beauty of Guanacaste Tour
Enjoy an impressive artisan experience in a real cocoa farm and learn the process of making delicious chocolate. Also, enjoy a botanical garden and see the animals of the Tenorio Volcano area. Round out your visit with a trip to the Llanos del Cortés waterfall, there is nothing better than a nice dip in these fresh and crystalline waters.

Tio Leo Coffee Tour
Learn how coffee grows as well as its drying, roasting and preparation process. A unique experience to learn the history of the golden bean in Costa Rica, as well as the techniques for selecting the finest ones. In addition, you will learn about the different varieties of chocolate and how it is prepared. Sugar cane is another attraction of Tio Leo’s farm, which prepares eight different products that are generated from the crop.

Hot Springs
Adventure in Guaitil
Tio Leo Coffee Tour
Chocolate Tour
The canton of Carrillo is located 248 kilometers from San José and was created on June 16, 1877, by decree No. 22. The town of Sietecueros was designated as the seat of the canton, and was renamed to Filadelfia. It currently has four districts: Filadelfia (the canton’s seat), Palmira, Sardinal and Belén. Its territory extends over 577.54 square kilometers and it has a population of 37,122 inhabitants. Its main tourist attractions are the Gulf of Papagayo, Playa Hermosa and Playa Panamá (Chorotega), Playas del Coco, Ocotal, Guacamaya, and others; the main activities are fishing and diving. In El Coco there are several restaurants and hotels, with hotels and vacation centers at the other beaches as well.

Road access:
- Coastal road from Liberia to Carrillo, near Daniel Oduber Quirós International Airport.

Public infrastructure:
- Service stations (4 gas stations: Sardinal, Belen, Playas del Coco, Palmira)
- Bus station in Sardinal to San José and Liberia to Santa Cruz, Nicoya, Carrillo, Playas del Coco, Golfo de Papagayo.
- Daniel Oduber Quirós Airport in Liberia, domestic and international flights
- Baltodano Briceño Hospital in Liberia.
- 3 private general medicine clinics and dental clinics
- Firefighters - Liberia
- Banks - 3 locations in Liberia
- Red Cross - Belén de Carrillo
- Police Station
- Post Office
- Carrillo City Hall
Directory of Services

General services

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Enter here to learn about COVID-19 protocols

Transportation Information

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COSTA RICA COUNTRY CODE: 506 (if you are calling from another country)

Costa Rica is a place where nature abounds and adventure awaits you, just remember:

- Book tours offered by authorized travel agencies.
- Make sure that the place you wish to visit is within the permitted sites of SINAC's Protected Wildlife Areas.
- Make sure that the activity you wish to perform is allowed.
- Make sure that the tour guide provides you with safety instructions and the rules of the activity before starting a tour.
- Make sure the company has an operating permit issued by the Ministry of Health, insurance policies and certified tour guides.
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