Mini-guide

LA FORTUNA

Thermal Capital of Costa Rica

Visit La Fortuna.
We are more than a volcano...
The community of La Fortuna began to define itself in the early 1940s, with the arrival of farmers from Ciudad Quesada, Grecia, Alajuela and other regions of the canton of San Carlos. These first settlers dedicated themselves to agriculture, hunting and cattle raising.

The first family settlement in La Fortuna was in 1914 and 1915, in the area known today as La Palma. Up until 1948 it was known as El Burío, however, the abundance of natural riches inspired Rufino Quesada, Antonio Hidalgo and Isolina Quesada to change its name to La Fortuna.

In 1950, the inhabitants voted on a referendum and decided to be annexed to the canton of San Carlos (they belonged to the canton of San Ramón). In the 1930’s, Elías Kooper Cubero, Rufino Quesada, Isolina Quesada, Alberto Quesada, Antonio Hidalgo are recognized as the town founders.

The main river is the Arenal, the water source for the Arenal Hydroelectric Project, which generates 70% of the country’s energy and also provides water to the Arenal Tempisque Project administered by the National Irrigation and Drainage Service (Servicio Nacional de Riego y Avenamiento, SENARA). Other rivers in the area include the Fortuna River, Burío River and La Palma Rivers. There are also a large number of streams, among them La Habana and Tiburones.

Production

This is one of the most productive districts of the canton due to the richness of its soils.

The inhabitants of La Fortuna have generally been dedicated to agriculture and cattle raising, producing beef and dairy cattle as well as dual purpose cattle and agricultural products such as roots and tubers (cassava, tiquizque, ñampí, yams, Chinese potatoes and ginger) as well as plantain bananas and papaya.

La Fortuna today

Currently, the district receives approximately 3,000 tourists a day during peak season and has approximately 110 hotels divided into small, medium and large businesses.

Undoubtedly, the beauty of the landscape has made La Fortuna one of the most visited sites in the country, due to the variety of tourist sites and attractions ranging from hanging bridges to admiring the volcano, rivers and mountains surrounding the district.

Over the years, more and more foreigners have fallen in love with the area and have decided to buy properties in La Fortuna, either to live on a permanent basis or to be able to visit more regularly throughout the year. The topography of La Fortuna and San Carlos is very flat, in fact the area is known as the “San Carlos plains”. It is an area rich in wildlife and tropical forests.

La Fortuna of San Carlos is an area rich in natural attractions, which makes it ideal for adventure and nature tourism. La Fortuna has many attractions, which can be visited on your own, such as the Arenal Volcano, the La Fortuna waterfall or the hanging bridges.

If you want to learn more about the area or if you are interested in adventure activities like ziplining or rafting, guided tours are available in La Fortuna. There are also activities that you can enjoy completely free, such as walks around the town, visiting crystal clear rivers or visiting the Arenal Lake and if you rent a bicycle, take a ride through different nearby towns such as El Castillo or La Guaria. Finally, your vacation in La Fortuna Costa Rica will not be complete without a visit the hot springs of the Arenal Volcano.

If you ask a resident what the weather is like in La Fortuna, they will surely say that it varies and can change from one minute to the next. It really is, it can be hot and sunny in the morning with pouring rain just a few hours later.

Generally, the months of January, February, March and April are very hot with less rain, but that does not mean that it does not rain at all. The rainiest months of the year are May, June, September, October and November but, then again, that does not mean that we don’t experience some amazing sunsets during these months. The hottest temperatures of the year can be around 33-35 degrees Celsius, while the coldest temperatures can reach 15-17 degrees Celsius.

There are plenty of dining options in La Fortuna and the Arenal Volcano area, with all kinds of restaurants, a varied cuisine and something for all budgets. If you are wondering where to eat in La Fortuna, you will get a lot of options as an answer.

Typical “sodas” or diners, which are the cheapest places to eat in La Fortuna, and in Costa Rica in general, serve traditional Costa Rican dishes such as a “casado” or “gallo pinto”. Sodas are the eateries most visited by Costa Ricans.
However, in La Fortuna of San Carlos, you can also find Chinese, Italian, Peruvian, Colombian and a variety of international restaurants to satisfy any palate. And of course, you can’t miss the fast food restaurants or pizzerias. Savor delicious meals while enjoying the view of the imposing Arenal Volcano.

This area offers visitors a number of different lodging options, from economic hotels to world renown luxurious resorts.

Budget hotels in La Fortuna are generally located in town, very close to supermarkets, drug stores and shops. Here, you can find everything from hostels to shared rooms or small rooms.

Outside of La Fortuna, towards the Arenal Volcano National Park, you will find a variety of hotels along the road that offer direct views of the Arenal Volcano and some even have hot springs within their facilities. About 20 kilometers west of town, you will find hotels that offer panoramic views of Lake Arenal.

For more information visit: www.arenalcostarica.cr
The Arenal Volcano tour takes visitors to the active northwest side of the volcano. The tour begins with a hike in the National Park. It is possible to observe a variety of plants, wildlife, magnificent lava rock formations and Lake Arenal! Also, learn more about the history of La Fortuna and the devastation of the 1968 eruption.

Discover one of Costa Rica's best kept hidden gems: Tenorio National Park and Rio Celeste. This beautiful tour includes a 4-hour hike through the rainforest trails of the Tenorio Volcano National Park. On the way, observe amazing flora and fauna as the trail takes us to the Teñideros, a magical place where an optical phenomenon occurs that makes the water in the river and waterfall become a beautiful and unique shade of blue.

The trip to this rarely visited cloud forest will give you the opportunity to see a wide variety of flora and fauna including the spectacular quetzal with its striking plumage and many other species of birds. The Juan Castro Blanco Park, also known as the National Water Park, is a 3 km route on cloud forest trails, at more than 2000 m altitude. You can enjoy the vegetation and fauna, including the great diversity of birds.

If you are a sport fishing lover, Lake Arenal is a good place to be. Experience fishing the famous guapote and tell your friends about it.

Day tour in the tropical rainforest, where you can observe sloths, iguanas, birds, basilisks and frogs among others.

Arenal Eco-Zoo has a collection of Costa Rican reptiles and amphibians, a butterfly habitat and an insect zoo. This tour is a positive learning and fun experience for people of all ages.

Arenal Observatory Lodge has an observation tower that provides a spectacular view of the Arenal Volcano. From this viewpoint, you can observe the surrounding landscape and the activity of the volcano. The day tour includes a guided visit to the lodge and a chance to relax in the hot springs.
Hanging bridges interconnect trails allowing visitors to experience the splendor of the environment. They facilitate access, safely allowing you to immerse yourself in the different forests of Costa Rica.

They were made to allow visitors to appreciate flora and fauna from a different perspective, since they pass through several levels of the forest. From these bridges you can view the treetops, making it easier to spot animals and birds.

Charming trails. This activity can be done in several places in La Fortuna de San Carlos. The length and number of bridges varies from place to place. Specialized guides are the best way to learn more about the secrets of the surrounding flora and fauna.

Hanging bridges

Arenal Lake by boat plus peninsula trails

This boat trip will take you to the bays and peninsula of Lake Arenal. You will enjoy the coasts surrounded by lush vegetation, wildlife and the surrounding landscapes of blue mountains, volcanoes and island. Along the way, your guide will share interesting information about the history of the lake, the volcano and the surrounding area.

Tree planting experience

Planting trees is a most rewarding activity. Have fun during this exciting activity while doing something good for our planet. Each purchase comes with a personalized certificate.

Proyecto Asís - wildlife project and volunteerism

At Proyecto Asís you will learn more about why animal conservation is important, and its impact, as you volunteer and help us with animal care.

Due to the terrain, surrounded by mountains, rivers, lakes, and different types of forests in such a reduced space, Arenal Volcano, La Fortuna, and the surrounding area is a privileged place for bird watching, not only in Costa Rica but also in America.

It is a paradise for bird lovers. Of the more than 900 confirmed species in Costa Rica, you will find that approximately 500 species have been recorded in the Arenal Volcano area, including the lovely cotinga, black-crested coquette, yellow-eared toucanet, umbrella bird, emerald tanager, curassow, thicket antpitta, eagle, tiger heron, trogon, toucans, cuckoo, oropendolas, motmots, flycatchers and more.

Experienced guides will help you identify them by their shape and color, as well as by recognizing their calls.

Links:
- Tralexu Travel.com
- Seven tours
- Callidryas Tours
- Arenal Nayara Hotels & Gardens
- Casa Luna Hotel & Spa
- Arenal Oasis
- Hotel San Bosco
- Volcano Lodge
- La Fortuna Suites
- The-House-of-Tours
- Ridecr.com
- Arenaltours.com
- Canoa-aventura.com
- Anywhere.com/costa-rica
- Ecoterracostarica.com
The Nest, a recent installation at the Arenal Observatory Lodge & Spa, is a 28 meter high tower for bird and wildlife watching. Enjoy incredible 360° panoramic views of the Arenal Volcano, Lake Arenal, Cerro Chato Volcano and the Tilarán mountain range.

Arenal Observatory Lodge

The Arenal area is well known for its diverse wildlife, including the two different species of sloths found in Costa Rica. Our main goal during this tour is to find as many sloths as possible and you are 100% guaranteed to see them in the wild.

Bill Beards Costa Rica

The-House-of-Tours

Seven tours

Callidryas Tours

The Arenal region is a place full of nature, beautiful landscapes, rainforests, dreamlike sunsets, multicolored mountains, rivers, waterfalls, adventure activities, culture, and wild animals. This magnificent combination provides us with perfect places to capture the best photographs that will make your trip an unforgettable memory.

arenalcostarica.cr

The frog pond

The night sounds of frogs are very common, especially during Costa Rica’s rainy season (May to November). To preserve the natural presence of frogs in the rainforest, a frog pond was created in one of the nearby streams.

Arenal Observatory Lodge

Frog watching night tour

Frog watching night tour in the private reserve of the Rojas Bonilla family.

Seven tours

Arenal Nayara Hotels & Gardens

Callidryas Tours

Arenal Oasis

Arenal Nayara Hotels & Gardens

Photography Tours

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arenalcostarica.cr

Night Tour

Specialized night tour, in which you will be able to enjoy species typical of the night.

Ecocontrrodanaus.com

Canoa-aventura.com

Mountains de Fuego

Honeymoons

The La Fortuna area has options for relaxation and adventure, making it a great destination for your honeymoon.

arenalcostarica.cr

Casalunahotel.com

Ecoterracostarica.com/es

La Fortuna Adventure Tours
The best and safest ziplines in Costa Rica with incredible views on ziplines that go from mountain to mountain. Enjoy a unique adrenaline rush at extreme heights, lengths, and speeds.

Sky Walk is a spectacular combination of trails and hanging bridges that rise above the treetops.

Sky Tram gondolas soar through the tropical forests of Costa Rica, offering endless views during their mountainous ascent.

Sky Trek Arenal

Sky Adventures Arenal Park has a privileged location with probably the best views of the Arenal Volcano and the lake. In our park you can enjoy adrenaline-filled natural adventures or excursions in the forest to admire and have a unique encounter with nature. The best experiences are at Sky Adventures, your choice, of course.

Gondolas with panoramic views - Sky Tram Arenal

Rafting personal Sky River Drift Arenal

Experience the picturesque and beautiful Arenal Volcano and its magnificent lake from a unique perspective, in kayaks.

Sky Wild Bikes Arenal

Explore Lake Arenal and the surrounding nature on an incredible mountain bike ride.

Scenic kayaking - Sky Wild Kayaks Arenal

Adrenaline adventure - Sky Limit Arenal

The Sky Limit adventure takes place inside the rainforest, combining more than 10 adventure, skill and challenge activities. Includes zip lines, high ropes, canyoning, Tarzan swing, bridges, rappelling and more. Enjoy the adrenaline.

Sky Trek Arenal

Sky Wild Bikes Arenal

Adrenaline adventure - Sky Limit Arenal

We are the experts in Canyoning & Waterfall Rappelling in La Fortuna. We want every client who chooses to explore with us to have the best canyoneering experience of their life.

One tour, two activities, strength in your climbing and relaxation as you glide through trees and more trees. You will enjoy the rainforest and the coolness of the water on the climbs.

This exciting combination of off-road vehicles and canyoneering allows you to explore the Costa Rican countryside, lush rainforest and rushing rivers.

Experience the picturesque and beautiful Arenal Volcano and its magnificent lake from a unique perspective, in kayaks.

Sky Wild Kayaks Arenal

Adrenaline adventure - Sky Limit Arenal

Find my Costa Rica
The House of Tours
Arenal Observatory Lodge
Hotel Miradas Arenal
Místico Park

Místico is a farm that offers a wide variety of tours to have direct contact with the exotic nature of the Arenal area with incredible views of the volcano, the lagoon and various mountain waterfalls. It also has impressive suspension bridges.

Links:
- Misticopark.com/es
- Quebuenlugar.com

Místico Night walk

At nightfall, Místico Park offers visitors the opportunity to live an experience in a majestic tropical rainforest. This tour takes place on our trails, passing over suspension bridges.

Paco’s horseback riding

Místico Park offers its guests the possibility of observing the forest at dusk and nightfall with the Místico Twilight tour. This tour takes place on our trails, passing over suspension bridges.

Twilight walk

Paco’s horses combine the adventure of riding through the park’s trails in direct contact with the richness of the rainforest.

Hanging bridges entrance fee

To discover the marvelous secrets of this forest is to encounter a wildlife sanctuary! The density of the biodiversity makes our trails a special place to admire the species you encounter along the way.

Links:
- Misticopark.com/es
Tour the Cooperative Solar Park, the largest photovoltaic generation plant in Costa Rica, which provides lighting for 5,000 homes in the northern part of the country.

Day trip to the Cooperative Solar Park

Montaña Sagrada Natural Reserve offers wonderful natural attractions including “Pozo Verde”, a volcanic lagoon of beautiful emerald tones, the characteristic cloud forest, diverse flora and fauna, important water springs, trails accessible for the whole family, ample parking and lots of fresh air.

The Cloud Forest of the Montaña Sagrada Natural Reserve is a perfect destination to enjoy bird watching. (More than 144 species of birds of diverse and showy colors).

Ama Extreme canopy tour

A combination of adrenaline, fun and adventure is the perfect combination for AMA XTREME. Glide down 7 canopy lines to an 18 meter high tower where you will be launched across a 120 meter high canyon, at speeds between 65 and 70 kmps per hour.

Rappelling tour

Vertical descent with ropes and harnesses, 80 meters of adventure, 30 meters of free fall and 50 meters on a rock wall. It also includes 2 zip lines, of 400 and 375 meters. Visit to Maleku village.

Waterfall ride

The adventure begins with a cart ride along a 1 km route through pastures and forests. Upon arrival, the imposing viewpoint of the Pino Blanco waterfall will open the way to the adventure.

Big Ama tour

Enjoy an adventure in the middle of the forest and experience the rush of adrenaline rush among the canyons and treetops. Twelve zip line cables are the perfect way to combine adrenaline and the majestic tropical forest.

Bird watching

At nightfall, around 6:00 pm, the forest undergoes a transformation that gives way to the nightlife life. As you stroll along the trails in the reserve you will have the opportunity to observe different species of insects, birds, amphibians, reptiles, and mammals.

The Montaña Sagrada Nature Reserve - Night tour

Tour the Cooperative Solar Park, the largest photovoltaic generation plant in Costa Rica, which provides lighting for 5,000 homes in the northern part of the country.

Arenalmundoaventura.com

The Montaña Sagrada Natural Reserve was created and with it Coopelesca Tours.

Arenal Mundo Aventura

Located in La Fortuna, San Carlos, Costa Rica, 1.5 km (1 mile) south of the catholic church, we have been declared a tropical ecological park, and we have a wide range of natural, cultural and adventure tours that promise visitors an unforgettable experience. Unique experiences in Costa Rica.

Our main objective is and was to conserve the rainforest and the environment, combining it with ecotourism and responsible adventure tourism. With this project we have managed to reforest a large amount of land, of which we currently use only 10% in our daily operations.

Coopelesca

Coopelesca R.L. is the Cooperativa de Electrificación Rural de la Zona Norte de Costa Rica (Rural Electrification Cooperative of the North Zone of Costa Rica), founded in 1965.

It has a concession area of 4770 km², and more than 109,000 associates. It produces 90% of its energy from its own renewable sources, through six hydroelectric power plants and the Cooperative Solar Park. Since 2012, the cooperative’s members have been supporting the protection of the Juan Castro Blanco National Water Park. With the contribution of $200 per month through the electricity bill, 1137 hectares of land have been acquired for the conservation of forest, biodiversity, water and landscape, thus the Montaña Sagrada Natural Reserve was created and with it Coopelesca Tours.

Coopelesca tours.com

The Montaña Sagrada Day Tour

The Cloud Forest of the Montaña Sagrada Natural Reserve is a perfect destination to enjoy bird watching. (More than 144 species of birds of diverse and showy colors).

Coopelesca tours.com

The Montaña Sagrada Nature Reserve - Night tour

Tour the Cooperative Solar Park, the largest photovoltaic generation plant in Costa Rica, which provides lighting for 5,000 homes in the northern part of the country.

Coopelesca tours.com
Combined Adventure Tours

Designed for adventure and nature lovers, we offer a selection of the best ecological tours in La Fortuna, in one place. You can choose to combine canopy with rappelling or tubing in the Arenal River, rafting, horseback riding, volcanic lava hikes, nature trails or flora and fauna or bird watching. Or mix tours of rural tourism or wellness tourism activities such as hot springs or spa, gastronomy, chocolate tour and organic farms and other tourism activities.

What to bring

- Binoculars
- Camera
- Sunscreen
- Insect repellent
- Long pants
- Walking shoes
- Hydration

Create your own itinerary enjoying a variety of natural, adventure or cultural activities. Below is a list of links to companies that offer combined tours:

### Agencies Contacts

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More adventure tours

Bungee jumping

Hotel San Bosco

We leave from ATV ARENAL TOURS after a brief explanation on handling and precautionary measures. We go to La Fortuna waterfall and then head to Jauí to observe different plantations. From there, we continue to the town of La Guaria looking for the Arenal River where we will have a snack and a refreshing swim and then return to the base and to your respective hotel.

La Finca Balloon flight

Our guides, experts in the field of Natural History, will accompany you to discover the wonderful secrets and complexity of the tropical rainforest, this forest that is a wildlife sanctuary.

Floating night safari

We will spend about two hours at a relaxing paddling pace exploring the riverbanks in search of rainforest dwellers as night begins to cover us.

Biking and kayaking

This combination gives you the opportunity to experience two adventure sports at the same time, in an incredible setting. The mountains and lake near the Arenal Volcano offer the perfect place for pedaling and paddling in unique settings combined with stunning views of the Arenal Volcano.

Quadricycle Tour

Experience the tranquility of the forest traveling along the Peñas Blancas River, with the opportunity to observe many animals including monkeys, sloths, iguanas, turtles, crocodiles, and various types of birds.

Safari float trip

Once you practice a few strokes, you'll be ready to have the time of your life paddling down one of Costa Rica's best rivers for whitewater and wildlife. You will be in the water for approximately 2 to 2.5 hours along 10 kilometers of lush Costa Rican rainforest.

Floating kayak safari

This tour is a wonderful way to experience the beautiful native flora and fauna of Costa Rica, while learning basic kayaking techniques along this great river.

Bungee jumping

Here you will find a bungee tower, offering several types of jumps:
- Traditional jumps
- Water touchdowns
- Rocket launcher
- Big Swing

Biking and kayaking

Flowing night safari Bicycle ride

La Finca Balloon flight

Flying in a hot air balloon is a unique experience but flying in a hot air balloon in Costa Rica is undoubtedly one of the most fascinating balloon flights in the world.
**Water bike tour on Lake Arenal**

You can't miss the opportunity to explore Lake Arenal in a very particular way, by bicycle! Yes! But a water bike. Let's admire the wildlife while having excellent views.

- Arenal Nayara Hotel & Gardens
- La Fortuna Hotel
- Volcano Lodge
- Hotel San Bosco Inn
- Arenal Observatory Lodge
- The House of Tours
- volcanolodge.com

**Car-boat-car**

This is the easiest and fastest way to get from La Fortuna to Monteverde, as you will be picked up at your hotel and taken to Lake Arenal. From there, you will cross the lake by boat to Rio Chiquito and continue by car to Monteverde with a total travel time of approximately 3 hours.

- Arenal Nayara Hotel & Gardens
- La Fortuna Hotel
- The House of Tours
- volcanolodge.com

**Car-boat-horses to Monteverde**

Now our adventure begins, riding a horse through grasslands and primary forest trails, where we will also cross some rivers, witnessing wonderful views from the high mountain range. It is a transportation service and unforgettable adventure, all in one.

- Arenal Nayara Hotel & Gardens
- Monteverde hotel
- Hotel San Bosco Inn
- Arenal Observatory Lodge
- The House of Tours
- volcanolodge.com

**Toro River Rafting**

Rafting Tour from La Fortuna Toro River Rafting class III-IV. The best of Costa Rica, an exciting day, two and a half hours over 20 rapids in a spectacular setting in the rainforest.

- Monteverde hotel
- Hotel San Bosco Inn
- Hotel Miradas Arenal
- Find my Costa Rica
- The House of Tours
- Arenal Observatory
- Toro River Rafting
- Cucaracho River Rafting

**Cucaracho River Rafting**

A recently discovered river. Rio Cucaracho offers the best world class rafting experience in Costa Rica.

It is located on the eastern slope of the Rincon de la Vieja National Park and flows through it. Enjoy a breathtaking 18 kilometers of river filled with more than 70 class III-IV rapids surrounded by lush, virgin jungle full of wildlife.

- Flow Trips

**Bajos del Toro Amarillo, a thousand and one waterfalls**

This small community located in the middle of an area of thick forests is known for the ruggedness of its terrain and the large number of rivers that run through it, giving rise to a myriad of waterfalls for all likes, some very accessible, others in rural areas of beautiful hikers and others at the end of amazing trails.

- Fortuna Expeditions
- Quebuenlugar.com

**Rafting Sarapiqui or Balsa River**

Costa Rica is well known for its white-water rafting adventures. Enjoy exotic rivers and canyons with more than 20 continuous adrenaline rushes, nature and fun. Select your favorite adventure. Balsa river class 2-3 and Sarapiqui river class 3-4.

- Flow Trips
- The House of Tours
- Monteverde Lodge
- Volcano Lodge
- Sarapiqui Rafting Class 2 And 3

**4X4**

Arenal 4-wheel drive tour in La Fortuna. Come and enjoy the most unforgettable tour that the Arenal Volcano area has to offer riding your own all-terrain vehicle (4 wheel drive)!

- The springs costarica.com
- Dinghy Expeditions
- Seven tours
- Arenal Nayara Hotel & Gardens
- La Fortuna Hotel
- Hotel San Bosco Inn
- Hotel Miradas Arenal
- Monteverde hotel
- La Finca CR
- Volcano Lodge
- The House of Tours
- Desafiocostarica.com

**Canyoneering**

This is a unique, multi-sport adventure that combines rappelling, downhill climbing, and river tracing in a deep tropical river canyon. Your guide will begin with a complete safety briefing to explain the important techniques of rappelling and descending.

- The springs costarica.com
- Adventure Tours - Arenal Tours
- seven tours
- Arenal Nayara Hotel & Gardens
- La Fortuna Hotel
- Hotel San Bosco Inn
- Hotel Miradas Arenal
- Monteverde hotel
- La Finca CR
- Volcano Lodge
- The house of tours
- Desafiocostarica.com

**Tenorio rafting**

Rafting on the Tenorio River, class 3-4 Tenorio (without transportation)

Costa Rica has some of the best whitewater rafting options in the world! Be sure to go white water rafting while visiting the Arenal region. It will be one of your best days in Costa Rica if you raft with us!

- Desafiocostarica.com tours

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- Flow Trips
- The House of Tours
- Monteverde Lodge
- Volcano Lodge
- Sarapiqui Rafting Class 2 And 3
**Trekking to the volcanic caldera of Laguna de Hule**

This tour includes 3 volcanic lagoons, pastures, and a lot of vegetation, just to test your physical condition.

Ecoterracostarica.com

**Kayaking in Arenal Lake**

Experience inspiring beauty and tranquility as you glide through the mystical waters of Lake Arenal, the largest and most impressive lake in the country.

Skyadventures.travel
Arenalhikes.com/adventure-tours
Dinghy Expeditions
Flow Trips
Arenal Nayara Hotel & Gardens
Find my Costa Rica
The House of Tours
Hotal Miradas Arenal
Arenal Observatory Lodge

**Lake Arenal by canoe or boat**

Have you ever dreamed of discovering the breathtaking Lake Arenal by canoe? Enjoy this paradise with our canoe tour that will take you to discover incredible landscapes and breathtaking views of the lake, its coastline, forests and of course, the majestic Arenal Volcano.

Hotel San Bosco Inn
Teotal
The House of Tours
Find my Costa Rica
Hotal Miradas Arenal
Arenal Observatory Lodge

**Night Tour**

Explore the sounds of the night. A night tour is one of the best ways to experience this adventure.

Flow Trips
Arenalhikes.com/adventure-tours
Arenalhikes.com/kayaking-tours
Caminata Nocturna en Mistico - Mistico Park
Canoa-aventura.com

**Ecogarden night walk**

The nocturnal life of the jungle will be our main objective as we search of sloths, lizards, insects, frogs and much more. Night is when most of the wildlife is active.

The House of Tours

**Afternoon at the Observatory Lodge and the hot springs river.**

From 2 pm to 8 pm. On this tour it is still possible to see the smoke and gases from the crater, as well as beautiful gardens, birds, two hanging bridges, the rainforest, wildlife, the Arenal Volcano museum and a waterfall in the jungle where you can swim.

The House of Tours

**SUP (Stand Up Paddle boarding)**

Paddle boarding in Costa Rica is a different way to get out on the water. The experience is controlled by you. Let's do SUP and have fun.

Quercus Travel
Arenal Observatory Lodge
Arenal CrossFit Challenge Circuit
The Arenal CrossFit Challenge at the Arenal Observatory Lodge & Spa in La Fortuna, Costa Rica, is a trail circuit for running and multisport outdoor activities. With an 8 km route, the "Arenal Crossfit Challenge" is the first of its kind in Costa Rica, a challenge for enthusiastic athletes of all levels.

Arenal Observatory Lodge

**Educational tour at Centro Danaus**

Educational tour on a private reserve, where you will be able to enjoy the flora and fauna of the area. You will be able to see the butterfly farm and a natural lagoon, the Maleku Indigenous Cultural House and a garden of medicinal plants and orchids.

Beec.com

**Day hike at Danaus Eco-center**

The Danaus Eco-Center Reserve is a wildlife sanctuary. We will take a leisurely hike to observe sloths, iguanas, birds, butterfly farms and much more.

Quercus Travel
Seven tours

**Monkey trails and giant trees**

Let's explore this wonderful place full of ancient trees, stimulate our senses in the sensory garden and observe lots of wildlife on a healthy hike.

The House of Tours

**Arenal Observatory Lodge Hike & Spa**

We will walk across suspension bridges, gardens, primary and secondary forest.

Arenal Observatory Lodge

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The House of Tours
Explore the density of the forest and access to pastures located on the highest hill of the park from where you will have an impressive view of the volcano and Arenal Lake.

**Venado Caverns**

This cave was discovered by the inhabitants of the town of Guatuso. It is formed by limestone, stalactites, stalagmites, and corals. Exploring the Venado Caves is an exciting adventure for those who are not claustrophobic and don’t mind getting wet and muddy.

Climbing walls, going through holes, and passing through uncomfortable places are part of the adventure. In addition to this, you will be able to observe spiders, crickets and many bats.

**Gravity Falls**

You will be picked up at your hotel to travel to the Costa Rican countryside to begin your adventure. Start with a thrilling rappel down a breathtaking 42-meter (140 feet) tropical waterfall. Jump from a continuous series of waterfalls and cliffs from 10 to 30 feet into the deep canyon pools with the help of your professional and experienced guides.

**River Canyon Tour**

Dive into tropical waterfalls, plunge deep into the jungle and push your limits! That's what Cañon Perdido, or the Lost Canyon, is all about.

**Los Cañones Zipline Adventure**

To observe this splendorous 70-meter waterfall, visitors must first tackle a path of approximately 530 steps. The trail is very secure, dotted with comfortable rest areas, and takes you through a forest with native trees of the area. Once in front of the waterfall, enjoy the spacious viewpoint from where you will have the opportunity to freeze your memories in time through unique photographs. Top it all off with a refreshing swim in the crystal-clear waters of the Fortuna River.

**Rappelling Canopy tour & day trip to Los Lagos hot springs**

Excellent canopy tour with 13 cables and the best group of guides in La Fortuna. Enjoy a walk around the rainforest right in front of the volcano. Try Superman mode and then relax at the Hot Springs Resort.

**BIKE Ruta Maquenque**

For lovers of advanced cycling, Ruta Maquenque will put you to the test.

**Gravity Falls**

White water and lots of wildlife. Navigate your adventure with your own rafting tube along 2 km of the Arenal River canyon. You will be surrounded by extraordinary vegetation, rock formations, caves and small waterfalls where you can get wet.

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**Mountain biking**

La Fortuna has great cycling circuits that will allow you to enjoy nature and beautiful landscapes.

**La Fortuna Waterfall**

This is a natural area sustainably managed by the Association for the Integral Development of La Fortuna (ADIFORT).
**Adventure in the canopy and Tarzan Swing**

Let go of stress and tension. With the canopy adventure and the Tarzan Swing you will return home relaxed.

| Pure Trek Canyoning & Mountain Biking | Pure Trek Costa Rica |

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**Pure Trek canyoning & cooking Class**

The combination of canyoneering and a cooking class is perfect for couples and groups of friends who wish to explore both the Costa Rican rainforest and local tropical cuisine.

**4 activities in 1 day**

Visit the Arenal Volcano and Lagoon, La Fortuna River waterfall, hanging bridges and hot springs, 4 activities in 1 day, at a pace you will enjoy. Don’t miss it!

**Tour Combinado: Top 4 actividades en 1 día - Ecoterra Costa Rica**

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**Bicycle tour around Lake Arenal and other tours**

The perfect tour to get to experience the area around Lake Arenal. Enjoy contact with nature and the view of the Arenal Volcano.

| Adventure Tours - Arenal Tours |

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**Adventure Tours** - Arenal Tours

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**Class II and III Rafting**

Enjoy a rafting adventure in class II and III rapids on the Balsa River. You will always remember the moment the white water invaded your raft. Exciting.

| Waveexpeditions.com |
| Rainforesttravelcr.com/arenal-tours |
| Arenalobservatorylodge.com |

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**Finca 360 Bed and Breakfast**

We have over three kilometers of well-maintained trails, a suspension bridge and access to beautiful waterfalls nearby. All this is part of our charming lodge. Our tour operator, Viajes Colibri, offers additional tours, such as horseback riding, canopy tours, rappelling, butterfly garden, coffee tour, stand up paddle boarding and more.

Our lodge is perfect for yoga retreats, family reunions and for anyone who loves nature and wants to be in an out-of-the-ordinary paradise.

For Costa Ricans, the term La Finca has a very special meaning. More than a place to live and work, it is an identity. La Finca is the place where our families grew up; it is where our values, work ethic and respect for others and their work come from.

That's the kind of place we have at La Finca Lodge: quiet, surrounded by nature, the perfect place to disconnect!

| www.lafincacr.com |
To learn more about the identity of a people, learn about its food. Learn about Costa Rica while preparing traditional recipes.

Exclusive Experiences - Arenal Tours
We offer two tours in one!
In a very entertaining manner, learn about the process that transforms coffee and chocolate crops into the tastiest beverages.

Chocolate and coffee tour
We offer two tours in one!
In a very entertaining manner, learn about the process that transforms coffee and chocolate crops into the tastiest beverages.

Maleku indigenous people
The Maleku indigenous people are found in the northern region of Costa Rica. This reserve hosts 3 different settlements called palenques: Margarita, Tonjibe and El Sol, all within a territory of 2993 hectares and a population of 1000 inhabitants. The main objective of the tour is to learn how this indigenous group lives today and what they have done to rescue their traditions and customs.

Canyoneering and chocolate tour
The canyoneering and chocolate tour is perfect for families or couples who want a good dose of adventure, culture, and fun.

Coffee and waterfall tour
The experience of meeting products such as coffee, cocoa and sugar cane.

Eden chocolate plantation and tasting
Who doesn't love chocolate, right? And when you visit Arenal, you will have the best opportunity to experience a real organic chocolate plantation at the best farm of all, Eden Chocolate Tour!

Rural community-based tourism combo
Enjoy Costa Rican rural life, dairy farming, cheese making and dairy product tasting, pineapple plantations and at the end of the day, enjoy a fresh fruit snack.

Typical Costa Rican experience
All the splendor of Costa Rican rural life in a tour that will show you some Costa Rican customs: milking cows, traditional food, sugar cane milling and the trapiche. Get to know rural Costa Rica.

COOKING CLASS WITH A CR FAMILY
This tour is with a non-English speaking Costa Rican family. Guiselle and Antonio will host one of the best experiences of your visit to Costa Rica. You will make and see how to prepare local tortillas and picadillos (mixed vegetables), adding tropical spices and Guiselle's handmade touch. The activity will end with the sharing of a Costa Rican casado, the official Costa Rican meal.

Cooking class with a CR family
The experience of meeting products such as coffee, cocoa and sugar cane.

Canoa-aventura.com
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Montaña de fuego
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Cooking class with a CR family

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La Casona Río Fortuna
The Casona Río Fortuna is a famous attraction in the Arenal Volcano area. It was the home of former Costa Rican President Rafael Iglesias and served as a starting point for the families that colonized the nearby communities of La Fortuna. Your hosts, Milton and Elieth, will make you feel at home in this warm and magical house. In addition, they have worked hard to stock their kitchen with herbs, vegetables, and fruits directly from their own organic garden.

Latin dance classes
Learn to dance to Latin rhythms!
Hotel Selina

Cocktail classes
Learn to prepare your favorite cocktail!
Hotel San Bosco

Finca de don Pedro
Refreshments are served at Don Pedro’s farm where we will observe the Costa Rican way of life and enjoy the kindness of this typical family.

Visit to a typical Costa Rican farming family
Cow milking experience and dairy product tasting. Demonstration of the process of artisanal distillation of liquor. Delicious typical Costa Rican lunch accompanied by products from the farm.

La Casona Rio Fortuna

Finca don Juan
Finca Educativa don Juan Lodge, located 5 minutes from downtown La Fortuna, on the road to Chachagua de San Ramon, in the community of El Jauri. Surrounded by gardens and organic agriculture, its furnished houses for rent and its rustic rooms are part of a unique lodge.

Arenal Volcano NP, La Peninsula sector
After visiting this wonderful national park we recommend a relaxing bath in thermal waters coming from the imposing Arenal Volcano. The peninsula sector, where the “La Peninsula” trail is located, was established in early 2017. This 1.2 kilometer trail extends to the middle of the forest and is equipped for people with reduced mobility.

Mistico Park
It is an ecotourism project that began with suspension bridges and today offers a variety of nature trails in the middle of the forest, many of which are accessible to people with physical disabilities. In addition, its staff is experienced in caring for people with different physical, sensory, and cognitive disabilities.

SKY Tram panoramic views of the tramway
Sky Tram is an aerial tram on which you will travel in an open-air gondola that will gently soar through the forest offering endless views during its mountainous ascent.
The area of La Fortuna and the Arenal Volcano has several hot springs establishments, most of which are wonderfully beautiful and therapeutic. Swim, detoxify and renew yourself in the hot spring pools. Relax with full-service SPAS.

**Hot springs**

An all-natural thermal experience

Rejuvenate yourself with a dip in the mineral-rich hot spring pools combined with fine spa treatments, relaxing accommodations, and an unforgettable vacation. Our thermal waters are one hundred percent natural, rich in mineral salts and ions such as calcium (Ca + 2), magnesium (Mg + 2), chloride (Cl-) and carbon since they come from subway sources of the Arenal Volcano. Due to the high concentration of mineral when immersed in these waters, your skin will be moisturized and refreshed.

**Healing volcanic mud baths**

Arenal therapeutic mud contains the absolute maximum content of Arenal volcano mud in its purest form. Enjoy highly concentrated natural minerals with therapeutic properties with incredible benefits for your skin. Find it in the thermal pools.

Bill Beards Costa Rica

The House of Tour

Hotel Royal Corin

arenalcostarica.cr

Montreahotel

Hotel Montaña De Fuego
### Wellness Tours

#### Spa
Pamper and revitalize your senses with a day at the spa and receive various rejuvenating treatments. You will come out of each treatment with results you can see, thanks to the antioxidant, rejuvenating, moisturizing, healing, and anti-aging properties of the Caribbean superfoods used derived from the flowers, leaves, bark, roots, seeds and fruits of naturally grown indigenous plants.

- [Hotel Royal Corin](#)
- [Hotel Montaña de Fuego](#)
- [El Tucano](#)

#### Wellness and Spa
With a menu inspired by the ancestral healing methods of the Costa Rican natives, and the millenary benefits of volcanic mud, Engadi Spa is an oasis of serenity. Relax with treatments and therapies designed to improve your physical and mental state using premium natural therapeutic ingredients such as volcanic mud, raw honey, organic herbs, organic cacao, and essential oils.

- [Hotel Montaña de Fuego](#)

#### Bath therapy
Ask about this special therapy that takes place in the middle of the rainforest. You will be assisted by a spiritual guide from the Maleku tribe. This natural therapy offers great benefits to your mental state. Subject to availability.

- [Hotel Montaña de Fuego](#)

#### La Paz Arboreatum
Forget who you are for a moment to be part of nature and enjoy with all five senses. Shade your eyes green, listening to the sound of silence, caressing the bark of the trees, inhaling the scent of flowers, and wishing to stay in that moment forever.

- [Hotelvistadelcerro.com](#)

#### El Arenal Sensory garden of medicinal plants
A beautiful sensory place where a tour through a garden of medicinal plants will activate our senses in a natural way, connecting with nature and ourselves.

- [Hotelvistadelcerro.com](#)

#### Start your day with a boost of energy and connect with nature!

- [Hotel Selina](#)

#### Wellness and Spa
El Arenal Sensory garden of medicinal plants

Start your day with a boost of energy and connect with nature!

- [Hotel Selina](#)

#### Eco-friendly spa and wellness

- [Hotel Montaña de Fuego](#)

#### Canyoneering and Club Rio
This full-day adventure takes you to Pure Trek canyoneering for adrenaline-fueled fun, and then Club Rio, an adventure club inside The Springs Resort & Spa, for an afternoon filled with more adventure, hot springs, and relaxation.

- [Puretrek.com/tour/canyoning](#)

#### The Spa - Hotel Tucano
The Spa offers a wide variety of massages, body treatments, aquatic therapies, holistic therapies, salon services, waxing, esthetics and more.

- [The Spa - Hotel Tucano Resort & Thermal Spa](#)

#### The Sanctuary Spa
Let your body revitalize, feel the goodness of mother nature, water, minerals, and oils. You will feel like new.

- [Five Star Spa Costa Rica - The Springs Resort & Spa](#)

#### Sauna
The steam room was built over natural hot springs. The temperature of the water vapor varies depending on the weather temperature, generally between 40°C (104°F) and 50°C (122°F). The humidity inside the steam room is very high.

- [Hotel Royal Corin](#)

#### Upward Yoga
Start your morning the right way, with this powerful upward yoga session!

- [Hotel Selina](#)

#### Empowering Yoga
Test yourself with this powerful yoga class!

- [Hotel Selina](#)

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- [Five Star Spa Costa Rica - The Springs Resort & Spa](#)
Relax, let go of stress and enjoy the tropical forest in the area. Go home renewed.

Servicios de Spa en Arenal Observatory Lodge - Arenal Observatory Lodge & Spa

You will live a “spa experience” that combines various spa treatments and salon services, specially designed to complement each other for maximum therapeutic and relaxation benefits.

Hotelarenalcostarico.com/es/spa

A wedding is an event worth celebrating and what better way to do it than in the rainforest. Everyone will remember that special wedding.

Costa Rica Wedding Venues - The Springs Resort & Spa
(thespringscostarica.com)

Weddings and events Tabacón

What better place than a tropical rainforest complemented with hot springs, to hold your wedding or event, it will be unforgettable.

Weddings and Events - Tabacón
(tabacon.com)

Starting the day with yoga is pleasant, especially if you add that you will do it in the middle of the rainforest.

Yoga Deck - Hotel Arenal Springs

Pamper your skin with exclusive facial and body aesthetic treatments and delicate hand and foot therapies. In our spa, you will be attended by highly qualified and experienced personnel, who seek satisfaction and high quality results for each of our clients.

Spa & Wellness | arenalparaisoresort

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Pamper your skin with exclusive facial and body aesthetic treatments and delicate hand and foot therapies. In our spa, you will be attended by highly qualified and experienced personnel, who seek satisfaction and high quality results for each of our clients.

Spa & Wellness | arenalparaisoresort

A wedding is an event worth celebrating and what better way to do it than in the rainforest. Everyone will remember that special wedding.

Costa Rica Wedding Venues - The Springs Resort & Spa
(thespringscostarica.com)

Weddings and events Tabacón

What better place than a tropical rainforest complemented with hot springs, to hold your wedding or event, it will be unforgettable.

Weddings and Events - Tabacón
(tabacon.com)
La Fortuna de San Carlos is in the northern part of Costa Rica and can be accessed by different routes and from different destinations. Likewise, you can use several transportation options to get to La Fortuna, whether you rent a car or book a private transportation or shuttle service.

**From San José:**

- **Route 1** is the most used route. It is through San Ramón and is a second route through Zarcero. In either case, it is about 2.5 hour drive from La Fortuna to San José.

- **Route 4** through Braulio Carrillo and Sarapiquí, allows you to travel to the Central Valley or to the Caribbean. During the trip there are several things you can do or visit, for example you could go to Naranjo and be a part of a coffee tour, or you could pass through very picturesque towns like Sarchí and stop at the Zarcero park.

**From Monteverde:**

If you are coming or going to Monteverde from La Fortuna, you can take the traditional route, passing through Tilarán, which will take approximately 3 hours. You could also take the jeep boat jeep option, which takes you from your hotel in La Fortuna to your hotel in Monteverde and includes a small boat ride on Lake Arenal.

**From Liberia Guanacaste**

The most used route is passing through Cañas and Tilarán, that takes about 2.5 hours and during your trip you could contemplate the Arenal Lake.

It is important to mention that you can also use public bus transportation to get to La Fortuna, although it takes longer, and you may have to make one or two bus stops along the way.
## COSTA RICA COUNTRY CODE: 506 (if you are calling from another country)

### LIST OF LODGING COMPANIES WITH TOURIST DECLARATION 2021

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<tr>
<td>HOTEL MONTAÑA DE FUEGIO</td>
<td>24791220</td>
<td><a href="mailto:reservaciones@montanadefuego.com">reservaciones@montanadefuego.com</a></td>
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<td>ARENAL OASIS ECOLodge</td>
<td>24799526</td>
<td><a href="mailto:info@arenoasis.com">info@arenoasis.com</a></td>
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<td>HOTEL SECRETO LA FORTUNA</td>
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<td>MUSSEANZA POSADA &amp; GARDENS</td>
<td>24791900</td>
<td><a href="mailto:info@musseanza.com">info@musseanza.com</a></td>
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<td>HOTEL MONTE REAL</td>
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<td>ALBERGUE RY AY VOLCAN</td>
<td>83050500</td>
<td><a href="mailto:ryay@volcanouno.com">ryay@volcanouno.com</a></td>
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<td>Posada de Turismo Rural Finca 360</td>
<td>85305373</td>
<td><a href="mailto:finca360cr@gmail.com">finca360cr@gmail.com</a></td>
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<td>Volcano Lodge Hotel Althermal Experience</td>
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<td>HOTEL ARENAL VIDA</td>
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<td>Agencia de Viajes Rainforest Travel CR</td>
<td>89267424</td>
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<td>Agencia de Viajes Emisora Soluciones Turísticas CAF</td>
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### LIST OF TRAVEL AGENCIES WITH TOURIST DECLARATION 2021

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<td>A.V. JUVIS ARENAL AZUL</td>
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<td><a href="mailto:info@viajesenalaventures.com">info@viajesenalaventures.com</a></td>
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<td>DESTINOS ECOLOGICOS</td>
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<td>AG.V RECEPTIVA JACAMAR NATURALIST TOURS</td>
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LIST OF ACTIVITIES WITH TOURIST DECLARATION 2021

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LIST OF LODGING COMPANIES WITH TOURIST DECLARATION AS BOUTIQUE

<table>
<thead>
<tr>
<th>NAME</th>
<th>TELEPHONE</th>
<th>E-MAIL</th>
<th>WEB SITE</th>
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<tbody>
<tr>
<td>ARENAL NAYARA HOTEL &amp; GARDENS</td>
<td>24791600</td>
<td><a href="mailto:reservas@arenalnayara.com">reservas@arenalnayara.com</a></td>
<td><a href="http://www.arenalnayara.com">www.arenalnayara.com</a></td>
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<tr>
<td>HOTEL ARENAL SPINGR ESORT AND SPA</td>
<td>24013300</td>
<td><a href="mailto:reservations@thespringscostarica.com">reservations@thespringscostarica.com</a></td>
<td><a href="http://www.thespringscostarica.com">www.thespringscostarica.com</a></td>
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<tr>
<td>TABACON GRAND SPA THERMAL RESORT</td>
<td>24792000</td>
<td><a href="mailto:sales@tabacon.com">sales@tabacon.com</a></td>
<td><a href="http://www.tabacon.com">www.tabacon.com</a></td>
</tr>
<tr>
<td>HOTEL ARENAL KIORO</td>
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<tr>
<td>HOTEL ROYAL CORIN WELLNESS AND SPA RESORT</td>
<td>24792200</td>
<td><a href="mailto:info@royalcorn.com">info@royalcorn.com</a></td>
<td><a href="http://www.royalcorn.com">www.royalcorn.com</a></td>
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<td>Alberque Observatorio Volcán Arenal S.A.</td>
<td>22907011</td>
<td><a href="mailto:tsuru@alberqueobservatoriolodge.com">tsuru@alberqueobservatoriolodge.com</a></td>
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<td>Reserva Ecológica La Fortuna de San Carlos</td>
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<td><a href="mailto:administ@cataralafortuna.com">administ@cataralafortuna.com</a></td>
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<td>24797019</td>
<td><a href="mailto:danaus.guerra@hotmail.com">danaus.guerra@hotmail.com</a></td>
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