

# Any time is a good time for pura vida.

## Your year-round destination.



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essential  
**COSTA RICA**

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REGION	DRY SEASON	GREEN SEASON
	DECEMBER-APRIL	MAY-NOVEMBER
GUANACASTE		
PUNTARENAS		
CENTRAL PACIFIC		
SOUTH PACIFIC		
CARIBBEAN		
NORTHERN PLAINS		
CENTRAL VALLEY		

	BEACH TIME		HIKING
	SURFING		ZIP LINING
	FISHING		BIRDWATCHING
	AQUATIC SPORTS		HOT SPRINGS
	WHITE-WATER RAFTING		RAINFOREST VISITS
	KAYAKING		WILDLIFE TOURS
	WHALE WATCHING		VOLCANO EXPLORATION
	TURTLE WATCHING		CULTURE
	WATERFALL TOURS		WELLNESS



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# Guanacaste Region

**TOP ACTIVITIES IN DRY SEASON**  
(DEC TO APR)

- Beach time at Tamarindo, Playa Grande, Playa Conchal, and Nosara.
- Fishing and diving at the Catalinas Islands.
- Volcanic and hot springs trails in Rincón de la Vieja National Park.
- Turtle observation in the Ostional National Wildlife Refuge.
- Visits to hot springs in Guayabo de Bagaces.
- Visit heritage buildings such as the Casona de Santa Rosa and the White City of Liberia.

**TOP ACTIVITIES IN GREEN SEASON**  
(MAY TO NOV)

- Kayaking through the mangroves of the Gulf of Papagayo.
- Turtle watching at Ostional National Wildlife Refuge.
- Birdwatching in Palo Verde National Park.
- Hiking and zip lining through Rincón de la Vieja Volcano National Park.
- Rural Tourism.

\*\*\* Visiting National Parks is recommended in the mornings at this time.

**SPECIAL EVENTS**

**FEBRUARY**

Fiestas de Puerto Soley

**SEPTEMBER**

Liberia's Cultural Week

**OCTOBER**

Nautical Festival of Nicoya

**NOVEMBER**

Sabanero Day



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# Puntarenas Region

## TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Zip lining through Monteverde Cloud Forest.
- Sport fishing for marlin and tuna.
- Bird watching at Negritos, Pajaros, Cabo Blanco, Carara and Curu.
- Beach time at Montezuma, Santa Teresa, Playa Jaco and Playa Hermosa.
- Visit the San Lucas Island National Park.
- Rural tourism.
- Bioluminescence tour, which can be observed on some beaches in the Gulf of Nicoya.

## TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Hiking in Monteverde Cloud Forest.
- Turtle watching at Tortuga Island.
- Pacific Marine Park, aquarium and marine conservation center.
- Learn about the maritime history of Puntarenas by visiting the Marine History Museum.
- Take a walk along the tourist promenade to the lighthouse.
- Rural tourism.

## SPECIAL EVENTS

FEBRUARY

Puntarenas Carnival

MAY

Sol y Arena Beach Run

OCTOBER

Nautical Festival of Nicoya



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# Central Pacific Region

## TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Beach time at Herradura Beach.
- Boat tours to see reptiles at Herradura Beach.
- Birdwatching in Carara National Park.
- Sport fishing in Quepos
  - Sailfish
  - Marlin
  - Roosterfish

## TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- White-water rafting on the Savegre and Naranjo rivers.
- Fly fishing in Trout Valley.
- Wildlife tours in La Amistad Pacifico Conservation Area.
- Hiking in Manuel Antonio National Park
- Exploration of tropical forests.

## SPECIAL EVENTS

### MARCH

Carnival and Festival del Mar



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# South Pacific Region

## TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Beach time and aquatic sports at Dominical Beach and Uvita Beach.
  - Snorkeling
  - Scuba diving
  - Surfing
  - Fishing
- Sport fishing for marlin and dorado.
- ATV tours around Dominical.

## TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Hiking through Corcovado National Park.
- Kayaking in Ballena National Marine Park.
- Turtle watching on Osa Peninsula
- Birdwatching in Carate and Puerto Jiménez.
- Whale and dolphin watching at Ballena National Marine Park.

## SPECIAL EVENTS

**JANUARY AND FEBRUARY**  
Fiesta de los Diablitos

**FEBRUARY**  
Chirripó Mountain Race

**FEBRUARY/MARCH**  
Envision Festival in Uvita

**DECEMBER 31-JANUARY 2**  
Danza de los Diablitos



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# Caribbean Region

## TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Beach time and aquatic sports at Puerto Viejo, Playa Cocles, and Punta Uva.
  - Snorkeling
  - Scuba diving
  - Surfing
  - Fishing
- Wildlife tours at Cahuita National Park and Gandoca-Manzanillo National Wildlife Refuge
- Sport fishing off the coast.

## TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Turtle watching at Tortuguero National Park
- White-water rafting on the Pacuare River
- Hiking at Cahuita National Park and Gandoca-Manzanillo National Wildlife Refuge
- Tour chocolate farms

## SPECIAL EVENTS

### SUMMER

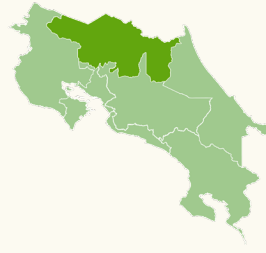
International Calypso Festival in Cahuita

### OCTOBER

Limón Carnival



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# Northern Plains Region

## TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Wildlife tours in the Caño Negro Wildlife Refuge and Arenal Volcano National Park.
- ATV tours around Arenal Volcano
- Hot springs at Arenal Volcano National Park.

## TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Wildlife tours at La Selva Biological Station and Trimbina Biological Reserve.
- Birdwatching around Arenal Volcano
- White-water rafting on the Sarapiquí River.
- Enjoy the hot springs all year round.
- Take walks on hanging bridges in Sarapiquí and La Fortuna.

## SPECIAL EVENTS

MAY

Sarapiquí Tourist Fair

OCTOBER

Upala Corn Festival

NOVEMBER

Forest and Cattle Festivals  
in San Carlos



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# Central Valley Region

## TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Visit San José
  - Museums
  - Theaters
  - Central Market
- Volcano excursions at Poás Volcano and Irazú Volcano.

## TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Tour chocolate farms.
- Wildlife tours in Braulio Carrillo National Park.
- Hiking around in the mountainous areas.

### SPECIAL EVENTS

**JANUARY**  
Fiestas de Palmares

**MAY**  
National Coffee Fair

**DECEMBER**  
Festival of Lights

**DECEMBER**  
Fiestas de Zapote